



CONSTRUCTION SITE REGULATIONS

- On a construction site, some precautions must be taken to comply with the law.
1. The width of the working platform must be at least 600 mm (25 inches).
2. If all the risks have been assessed and it has been determined it is safe to work without toe boards and handrails...

WORKING ON A PLATFORM

- 1. Wear a helmet whenever working at height or near a raised platform. Safety helmets must always be worn on a construction site.
2. Check trestles and stagings or scaffold board to ensure the working platform is secure and safe each time it is used.

PLEASE KEEP THIS LEAFLET SAFELY AS IT MAY BE REQUIRED FOR FUTURE REFERENCE

Recommended board strength properties are:

Table with 4 columns: Board Thickness, Target Span, Moment of resistance of a single board where (An applied load acts only on an individual board kNm, An applied load spread uniformly* across a minimum of 4 boards kNm)

*i.e. via a rigid building pack



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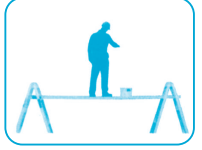
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Trestles, Stagings and Scaffold Boards

Read this entire leaflet before using Trestles, Stagings and Scaffold Boards

- 1. Plan your work and think ahead to make sure you will always be working safely.
2. Working at height should only be done by people who have the necessary knowledge, skill and resources to do the job safely.
3. Under the Work at Height Regulations 2005 all Working at Height should be risk assessed...



ASSEMBLERS AND USERS

- 1. Do not erect or use trestles, stagings or scaffold boards unless you are capable and confident of working at height.
2. The following items of personal protective equipment (ppe) are the minimum that should be worn whenever you use this equipment.



Every effort has been made by HAE/EHA to ensure that the information given in this document and supporting material is accurate and not misleading...



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- 1. Stagings are made from timber or lightweight decking.
2. A properly supported staging can carry a load of 180kg in the centre - this is equivalent to two men working together...
3. Stagings should be supported 600mm (2ft) from either end.

- 1. Check all your equipment before assembling PLATFORM
2. Follow your risk assessment, work plan and supervision. This will determine as to whether toe boards and handrails are required to be fitted.

- 1. You must not work near overhead electric cables.
2. Check that the area is clear and safe, away from vehicle routes and doorways.
3. The ground must be solid and level.

Diagrams and tables showing scaffold board spans and sizes. Includes diagrams for 38mm, 50mm, and 63mm boards with their respective spans and overhangs.

- 1. Only use proper scaffold boards to form working platforms: other planks are not strong enough.
2. All boards should be of the same thickness, to ensure an even surface.
3. The table on the right shows how many supporting trestles you will need for 38mm (1 1/2 in) scaffold boards.